

-Breakaway-



Basketball League Rules

1. Two 18 minute running halves with stop clock on free throws. Stop clock the last two minutes of the game only if the score differential is less than 15 points.
2. Three (3) full timeouts during the game with no carryover into overtime.
3. Three minute overtimes with stop clock during the last minute. Maximum 2 overtime periods.
4. One (1) timeout per each overtime.
5. Five second count for closely guarded while dribbling (boys)/held ball (girls).
6. 10 second back court violation.
7. "One and One" foul shots awarded on and after the 7th team foul per half. At 10 team fouls per half, "Two" shots are awarded.
8. Leading team cannot press when the lead is 20 or more points.
9. Two technical fouls in a game result in ejection for players and coaches plus suspension from the next game.
10. Minimum 5 minute pre-game on court warm-up.
11. Minimum 3 minute, maximum 5 minute halftime intermission
12. Maximum of 2 coaches allowed on the bench

California Interscholastic Federation (CIF) rules apply unless otherwise noted.